

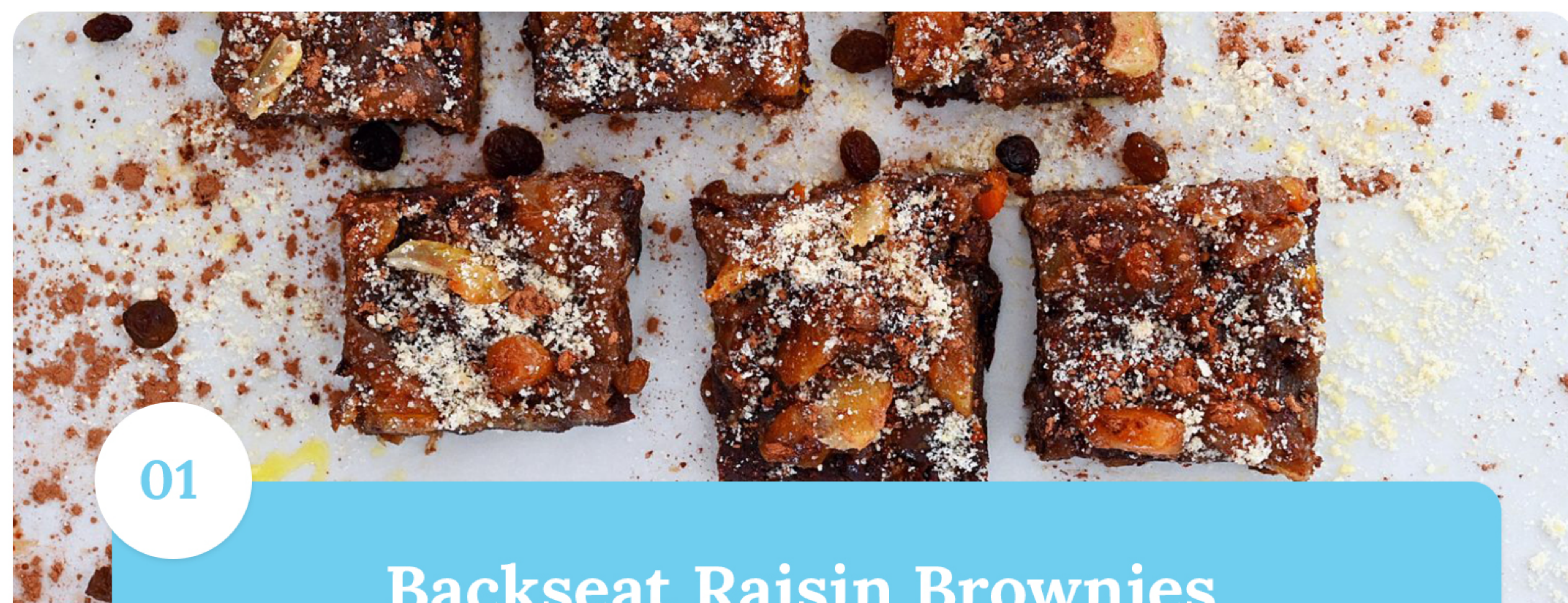


4 Fun fruity road trip snacks for the whole family

Whether you are going camping, on a road trip or going to see the grandparents, one thing is sure - you need snacks for the trip. Most of us have probably slacked a bit on the healthy eating during lockdown and need to rethink our habits and focus on healthier options.

This however is not always easy when we are on the go and looking for easily accessible tummy-fillers.

Dried Fruit South Africa shares four easy, guilt-free snack recipes to prepare in advance for your next adventure:



01

Backseat Raisin Brownies

A delicious, healthy option, that will satisfy your sweet tooth and turn the kids' frowns upside down.

[Full Recipe Here](#)


02

Frozen Pears – Perfect Teething Treats

Help ease your little one's teething pains with a cold and chewy snack. Simply freeze some dried pears before the drive. These frozen pears will get a toffee-like texture which will cool their gums and keep their tastebuds satisfied.



03

Trail mix to the max!

Make your own trail mix by simply mixing raisins, nuts, seeds and any other dried fruits in a container and Bob's your uncle! Easy for a snack on the go in the car, on a hiking trip or a picnic in the park.



04

Chocolate dipped fancy apples

Chocolate dipped apple rings is super yum, easy to make and a special treat for anyone. Add some extra love by packaging the apples in a beautifully decorated bag with the little one's special touch.

Simply dip dried apple rings in a mixture of melted chocolate and a tiny bit of coconut oil. Decorate with coconut flakes, seeds or any nuts; even raisins. Stick in the freezer to harden. Put it in the uniquely decorated packaging and voila.

For more delicious recipes, fun activities and interesting facts, visit Dried Fruit South Africa's website.

[Visit Website](#)
